



# LARRY A. HOFF ePOST 2100



Issue #86 MAY, 2020

COMMUNICATION IS POWER

TO OPT OUT OF OUR NEWSLETTERS, E-MAIL [MARIA KLENHARD](mailto:MARIA.KLENHARD)

## OUR NEXT MEETING

MAY 21st at 7:30 PM, is slated for our next tele-meeting, by invitation, using GoToMeeting. E-mail me if you want an invite:

[commander@epost2100.org](mailto:commander@epost2100.org)

Our tele-meetings are provided for you to learn about and have input regarding your cyber Post. BTW, have you visited [Our Web site](#), lately?

## YOUR CYBER POST OFFICERS

Post Commander.....	<a href="#">ROBERT GREEN</a>	770-786-8702
Senior Vice Commander.....	<a href="#">MARIA KLENHARD</a>	916-952-7691
Junior Vice Commander .....	OPEN	
Adjutant.....	<a href="#">MARIA KLENHARD</a>	916-952-7691
Finance Officer.....	<a href="#">MAC MCMILLAN</a>	404-277-4280
Judge Advocate.....	<a href="#">TED RICHARDS</a>	404-754-0415
Exec. Committee.....	<a href="#">ED MCMILLAN</a>	770-757-6136
Sergeant-at-Arms.....	DAVID GREEN	
Service Officer.....	<a href="#">ED MCMILLAN</a>	770-757-6136

OUR HELP DESK STANDS READY TO ASSIST US VETERANS WITH FREE COMPUTER-RELATED AID.

[ROBERT MCTUREOUS](#)

404-304-1772



## COMMANDER'S CORNER

By now, most of us have probably accepted and adapted to the sheltering-in-place our world has been promoting in order to reduce the spread of the Corona virus. When I see the (Corona) beer ad on TV, the first thing I think of is the virus, not the beverage.



Our cyber ePost 2100 has not been directly affected by the new living conditions and restrictions. While all other American Legion Posts in GA had to eschew formal elections and continue the coming year with the current cadre, ours did not really have to follow through, as we have always conducted meetings and elections while we "sheltered-in-place" at our electronic devices.

However, we will do as directed and retain our current officers for the coming year, which would probably be the same result had we held our normal elections via the internet.

Because our members are Internet savvy, we have probably endured being home bodies better than some folks. Hopefully, you have not been embroiled in the toilet paper debacle. I am familiar with the run on eggs and milk when troubles occurred, but, toilet paper hoarding?

As I type this, I am reminded of this day being Holocaust Remembrance Day. Never again, right?

May 7th is National Day of Prayer and the 10th is Mother's Day, so those of you with living mothers, take heed. Armed Forces Day is the 16th and Memorial Day is the 25th, so let's try to also commemorate this somber occasion.

Stay safe and thank you for keeping America safe by your service.

[Bob Green](#) 770-786-8702

## SCHEDULED EVENTS

Department Convention, Duluth, GA probably June 19-21

National Convention, Louisville, KY August 28-September 3

## AUTOMATIC CHECKS ?

In coordination with the Department of Veterans Affairs (VA), the IRS has made it official for veterans and dependents. For the first time in history, the IRS will issue stimulus checks to veterans and dependents automatically. In other words, veterans and dependents may no longer be required to complete confusing paperwork, go online and wrangle through complicated procedures, or call around for help...supposedly.

# NATIONAL COMMANDER'S SURVEY

Have you taken the National Commander's Survey? Note the April 30th deadline.

Dear American Legion Family Members and Friends,

First I hope that all of you are feeling well, staying safe and following the health safeguards to protect yourselves — and others — amid the COVID-19 pandemic. I'm sheltering in place in North Carolina; my family and I are well. I'm looking forward to getting back on the road, visiting posts and departments, and attending American Legion events.

I am so impressed by how American Legion Family members are responding to the urgent calls for assistance. There are simply too many examples to list here, so I would encourage you to keep updated with American Legion activities, resources and more [on this special web page](#). This pandemic is affecting every American, every facet of our way of living and, of course, how we support our veterans.

That is why The American Legion has launched [a COVID-19 impact survey](#) to track trends in response to the pandemic. Please take a few minutes to fill out the survey; your identity will be

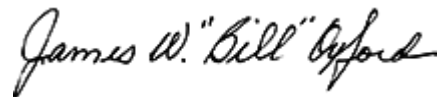
anonymous unless you choose to be contacted for assistance.

The survey will track the impact on veterans and their families throughout the pandemic's duration. Participants can elect to be connected with a representative from The American Legion for assistance with VA benefits, employment, emotional wellness and personal contact for support.

We really don't know when the situation will improve so that we can return to the activities we cherish. But in order to best serve veterans during this crisis, we will be conducting this survey bi-weekly to analyze changes and address how The American Legion can best utilize its resources. **[The first survey will be available until April 30.](#)**

I'd encourage you to take the survey, share it with your fellow veterans and serve your communities as best — and safely — as you can during the pandemic.

Stay safe, my friends and comrades.




James W. "Bill" Oxford  
National Commander

## The American Legion Membership Application

(Name)  (Date of Birth)  
 (Mailing Address)  (Phone Number)  
 (City)  (State)  (Zip)  (Post #)  
 Male  Female (Gender)  (Dues)  
 (E-mail)

I certify that I served at least one day of active military duty since December 7, 1941 and was honorably discharged or am still serving honorably.  
**Please check appropriate service era and branch of service below**

<input type="checkbox"/> Global War on Terror	<input type="checkbox"/> U.S. Army
<input type="checkbox"/> Gulf War	<input type="checkbox"/> U.S. Navy
<input type="checkbox"/> Panama	<input type="checkbox"/> U.S. Air Force
<input type="checkbox"/> Lebanon/Grenada	<input type="checkbox"/> U.S. Marines
<input type="checkbox"/> Vietnam	<input type="checkbox"/> U.S. Coast Guard
<input type="checkbox"/> Korea	<input type="checkbox"/> Merchant Marines (WWII only)
<input type="checkbox"/> WWII	
<input type="checkbox"/> Other Conflicts	



30-009  Signature of applicant  Date  Name of recruiter

## Receipt of Dues

(Please Print)

From \_\_\_\_\_ \$ \_\_\_\_\_ for 20\_\_\_\_ Post # \_\_\_\_\_  
 Recruiter's Name \_\_\_\_\_  
 Recruiter's Signature \_\_\_\_\_  
 Recruiter's Phone # \_\_\_\_\_

## The Covington Elks NVDA Program

CONSIDER SUCH ACTIONS AFTER WE CONQUER THIS LATEST VIRUS

### ***NEW COMMUNITY PROJECTS FOR 2020...***

#### ***NO VETERAN DIES ALONE***

The “No Veteran Dies Alone” (NVDA) program is a program designed to honor Veterans and to meet the needs of those Veterans who, for whatever reason, find themselves alone.

Years ago, most people died suddenly at home from injuries or sudden illness. They were surrounded by family and friends. The dying looked to their families and church communities for support. In the United States, the first modern hospices were community-based programs led by volunteers. In the 20<sup>th</sup> century, death evolved into more of a medical event rather than a family event at home to the point that now most people die in hospitals or healthcare facilities. Today, because of modern medicine, the course of dying has been extended. Most Americans, including Veterans, die from chronic illnesses in the hospital instead of at home. Some have outlived their loved ones, or, due to other circumstances, find themselves alone at the end of life. For many, this can be a lonely experience.

There are currently over 23 million Veterans living in the U.S., with more than 600,000 dying each year. To put this in perspective, there are more Veterans anticipated to die each year for the next decade than died in all of World War II. With the aging of the World War II-, Korean-, and Vietnam-era Veterans, an increasing number will require end-



of-life care, often in a VA medical facility. Although there are no solid figures to indicate how many of these Veterans die alone, the NVDA program is dedicated to making volunteers available to provide a comforting presence in the final weeks, days and hours of life as Veterans and their families' desire. Volunteer companions should be willing:

- Actively listen to the Veteran's needs and hold their hand
- Play music, games, read, and assist in letter-writing with the Veterans
- Assist in comfort care measures and non-medical care as requested
- Support family members, companions, and/or visitors

Carol Barclay will be chairing this heartfelt new program at our Lodge and is recruiting volunteers! If you are interested in participating, please contact Carol at 770-865-1633 or [sunshinecarolga@yahoo.com](mailto:sunshinecarolga@yahoo.com)

## FROM [MYHEALTHVET](#)

### *Get the most out of VA Video Connect*



During the COVID-19 pandemic, secure video visits are the safest way to connect with your health care team for non-urgent care.

With preparation, patients and providers should expect the same results from a virtual visit as a face-to-face one. With practice, we hope you'll have a great session and finish it with the same satisfaction as a regular office visit.

### **Prepare your room and technology**

A video visit with a provider may use the same technology as a family video chat, but it's different. Just like a face-to-face office visit, you need to prepare yourself, as well as your 'home studio.' You can follow this checklist:

- Use headphones or ear buds if possible
- Clean the device's camera lens
- Find a well-lit, private space that is free of distractions (pets, children)
- Turn off music, TVs or radios to avoid competing noise
- Avoid holding your device in your hand; position it so it's close to eye level when sitting, maybe on a stack of books at a table, or on a bookshelf
- 
- Sit near your wifi router, or near a window if using a cellular connection
- 
- When entering the VA Video Connect visit, make sure the video icon is selected and the device's sound is turned up

Just saw this worthy vet-oriented charity on TV:



Charlie Daniels

[Code of Vets](#)

[The Journey Home Project](#)

# CHECK ON YOUR CHECK

Announced by the IRS, taxpayers who have the lowest annual adjusted gross income as reported on their 2018 or 2019 tax return will receive their checks first. Below is the planned weekly schedule (week-ending dates):

- Less than \$10,000: April 24, 2020
- \$10,001 - \$20,000: May 1, 2020
- \$20,001 - \$30,000: May 8, 2020
- \$30,001 - \$40,000: May 15, 2020
- \$40,001 - \$50,000: May 22, 2020
- \$50,001 - \$60,000: May 29, 2020
- \$60,001 - \$70,000: June 5, 2020
- \$70,001 - \$80,000: June 12, 2020
- \$80,001 - \$90,000: June 19, 2020
- \$90,001 - \$100,000: June 26, 2020
- \$100,001 - \$110,000: July 3, 2020
- \$110,001 - \$120,000: July 10, 2020
- \$120,001 - \$130,000: July 17, 2020
- \$130,001 - \$140,000: July 24, 2020
- \$140,001 - \$150,000: July 31, 2020
- \$150,001 - \$160,000: August 7, 2020
- \$160,001 - \$170,000: August 14, 2020
- \$170,001 - \$180,000: August 21, 2020
- \$180,001 - \$190,000: August 28, 2020
- \$190,001 - \$198,000: September 4, 2020
- Remaining checks: September 11, 2020

May is designated as  
**Military Appreciation Month.**  
Have you thought about celebrating  
this...or not?

Additionally, the IRS created an online tool, "[Get My Payment](#)", on its website for taxpayers to track their direct payments and enter their direct deposit information.

For those receiving a check, it can be used to ensure that their mailing address is accurate.

You May Need:

- Your 2019 return, if filed, and
- Your 2018 return

Data is updated once per day overnight, so there's no need to check back more than once per day.

**Note:** If you receive an SSA or RRB Form 1099 or SSI or VA benefits, your information is not yet available in this application.

## AMERICAN LEGION COVID-19 IMPACT SURVEY

[Click here to take the survey: https://www.surveymonkey.com/r/BJ5283R?  
utm\\_source=delivra&utm\\_medium=email&utm\\_campaign=042320\\_ALOU&utm\\_id=39502386](https://www.surveymonkey.com/r/BJ5283R?utm_source=delivra&utm_medium=email&utm_campaign=042320_ALOU&utm_id=39502386)